

# WARMING MILK

## USING A WATERLESS MILK WARMER

### Indication

Warming is indicated for any feeds that are to be given over less than 1 hour. Feeds given over more than 1 hour may only be brought to room temperature (no more than 21 degrees C) by placing them on the counter prior to the feed.

### Materials

- New plastic sleeve insert (1x per 24h)
- Medela® waterless milk warmer
- Syringe or bottle of milk

### Key points

- The full volume of milk must be given within the hour after warming.
- Warming time depends on the volume of milk – more volume equals more time.
- The plastic sleeve insert must be replaced Q24h – once per day, at the first feed of dayshift.
- A plastic sleeve must not be shared between patients – they are single patient use only, with the exception of twins/triplets.
- The warmer will never overheat milk – it is meant to be lukewarm to protect the proteins, and immunomodulators in breastmilk.
- The milk warmers will be cleaned once per week by the PABs on evenings on Wednesdays.

### Steps



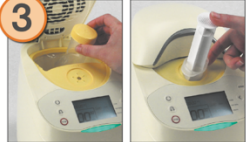

1. Place the plastic sleeve insert into the warmer, and smooth out the sides.
2. Place the syringe or bottle into the warmer.
3. Turn on the machine by pressing the power button.
4. Choose « WARM » mode. Press « ENTER ».
5. Choose the starting temperature (refrigerated – icon of a fridge). Press « ENTER ».
6. Enter the volume of milk in mL. Press « ENTER ». Close lid.
7. Press « START ».
8. When machine beeps, open lid and remove syringe/bottle. Ready to serve!

# Waterless Milk Warmer™



## Quickstart Instructions

### Set-Up

<p><b>1</b> Get new insert. Label with patient information.</p> 	<p><b>2</b> Install insert into warmer cavity and spread out uniformly along warmer walls.</p> 	<p><b>3</b> Put in container or syringe to be warmed.</p> 	<p><b>4</b> Press power button to turn on the device.</p> 
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### Warming or Thawing

<p><b>5</b> Choose Mode</p> <p><b>WARM</b></p> <p>Select <b>WARM</b> using:</p> <p>Press <b>enter</b>.</p>	<p><b>6</b> Choose Starting Temperature</p> <p>Refrigerator Room Frozen</p> <p>Select starting temperature.</p> <p>Press <b>enter</b>.</p>	<p><b>7</b> Select Volume</p> <p>000 mL</p> <p>Use the</p> <p>keys to enter the volume of milk to be warmed.</p> <p>Press <b>enter</b>.</p> <p><b>Note:</b> Hold arrow key to advance more quickly.</p>	<p><b>8</b> Begin</p> <p>start</p> <p>Press <b>start</b> button to begin cycle.</p>	<p><b>9</b> Complete</p> <p>When cycle is complete, warmer will make an audible noise and flash.</p> <p>Open lid. Remove container from insert.</p>
<p><b>Thaw</b></p> <p><b>THAW</b></p> <p>Select <b>THAW</b> using:</p> <p>Press <b>enter</b>.</p>	<p>Frozen</p> <p><b>THAW</b> automatically defaults to frozen.</p>			