



# NICU NURSING CARE PLAN

## <29 weeks and/or <1000g FOR FIRST 72 Hours



Name:	DOB:	<b>General Care/Measurements/Assessments</b>	
Birth Weight:	GA:	Check Q 4 - 6 hrs	Weight Q 24 hrs, <b>always with CPAP on</b>
Mom (cell):	(home):	Vitals Q 1hr	Length <b>NO</b>
Dad (cell):	(home):	BP cuff Q checks, <b>ONLY if no UAL</b>	HC <b>NO</b>
NeoConnect: Y/N	Siblings:	<i>Use only prem (white, non-adhesive) sat probe</i>	
Language: F <input type="checkbox"/> E <input type="checkbox"/> Other _____		<i>Change sat probe placement Q full check</i>	
Diagnosis:		<b>Bath</b>	
Treatments/Operations:		<b>NO</b> bath until 72hrs of life <span style="float: right;"><b>NO</b> CHG wipe down</span>	
Precautions:		<b>Tests/Consults</b>	
		<b>Dressings/Ostomies</b>	
		MRSA/VRE/KPC: <b>only if outborn and &gt; 24 hrs of life</b>	
		NB screening blood due: ___/___/___ <input type="checkbox"/> Done	
		NB screening urine due: ___/___/___	
		Other tests:	Consults:
		<i>Record all blood out on flowsheet</i>	<i>All non-nursing/non-family MUST sign in before accessing baby</i>
			<i>Use neonatal bags (small preemie pouches, Hollister #3777 and 3778) only</i>
		Blood transfusions:	
		<b>Respiratory/Cardiovascular</b>	
		<b>Temperature/Humidity/Skin Care</b>	
Ventilator/CPAP Parameters:		<b>Humidity:</b> <25 weeks - 85% <span style="float: right;">≥25 weeks - 75%</span>	
Suctioning: <b>Min Q4h if on BCPAP+PRN, use Muko</b>		<b>Temp probe:</b> <b>Tape with Mepitac</b>	
Oxygen: <b>Only one prong out at a time</b>		<b>Change position of probe Q check</b>	
iNO: <b>Chest Physio: NO Head massage: NO</b>		<b>UAL/UVL:</b> <b>Mepitac under bridge; ensure bridge is not directly on skin/rubbing</b>	
Saturation Targets: <b>OWL. Allow desaturations 15-30 secs before ↑ FiO<sub>2</sub></b>		<b>Developmental Care</b>	
		<b>Elimination</b>	
Strict input/output? <b>Y</b>	Balance: Q 4 - 6hrs (with checks)	<b>To decrease stress:</b>	
Foley → Inserted:	Removed:	<ul style="list-style-type: none"> <li>● <b>DOME CLOSED</b> unless emergency.</li> <li>● Use "Boost air curtain" (will last 20 mins) when accessing baby</li> <li>● Cluster care</li> <li>● See positioning principles at the back of care plan</li> <li>● Promote non-nutritive sucking</li> <li>● Keep dark (cover eyes during check)</li> <li>● Limit people/noise in room</li> <li>● Use "<b>ELGA sign-in sheet</b>" for all non-nursing/non-family handling of baby</li> <li>● Teach parents how to touch</li> </ul>	
Balloon inflated: ___ mL		<b>To decrease risk of IVH:</b>	
<i>Inform MD if urine output &lt;0.5 ml/kg/hr or if urine output &gt; hourly IV rate x 4hrs</i>		<ul style="list-style-type: none"> <li>● Keep head midline x first 72 hours = <b>NO Prone/Lateral</b></li> <li>● HOB at 30°</li> <li>● Avoid rapid position changes</li> </ul>	
		<b>Teaching with Parents</b>	
		<b>Feeding</b>	
Type: PHM / Maternal breastmilk	Calories: <b>NO</b>	<input type="checkbox"/> Hand hygiene <span style="margin-left: 50px;"><input type="checkbox"/> Manual expression</span> <span style="float: right;"><input type="checkbox"/> Touch</span>	
Route: OG		<input type="checkbox"/> Books for babies <span style="margin-left: 50px;"><input type="checkbox"/> Breast pump use/cleaning</span>	
Volume: _____	Frequency: _____	<input type="checkbox"/> Preemie timeline <span style="margin-left: 50px;"><input type="checkbox"/> <b>Modified</b> Kangaroo Care</span>	
Over: ___h___	<i>Flush with 0.5ml sterile water <b>ONLY</b></i>		
Feeding notes: <b>Start trophic feeds within 12 hours of life</b>	<b>OIT Q check</b>	<b>Lines</b>	
OG→ Inserted: _____	Secured @ _____	<b>UAL</b> Sutured @ _____	<b>UVL</b> Sutured @ _____
Change due: _____		Inserted: _____	Central/Peripheral
Reprogle → Inserted: _____	Secured @ _____	Removed: _____	Single/Double
	To LWS <input type="checkbox"/>		Inserted: _____
			Removed: _____
		<i>Cleanse skin after insertion with sterile NS to remove any leaked CHG</i>	
		<b>PICC</b> External Portion: _____	Central/Peripheral
		Inserted: _____	Single/Double
		Dressing due: _____	Removed: _____
		<b>Special Notes</b>	
Updated by: _____	Date: _____		

Alignment

Flexion

Symmetry

Movement

Containment

## SUPINE

- \* Weight appropriate containment device, legs inside (*snuggle up size XS*)
- \* Appropriate size rolls to provide 360° containment (*stockinette roll*)
- \* Appropriate size roll under knees to provide support (*dry wipes*)
- \* No bundling

